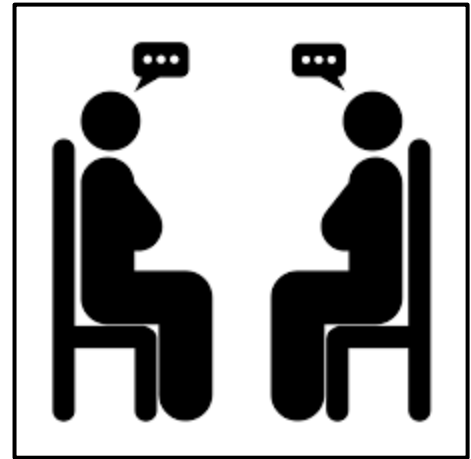


PREMARITAL COUNSELLING

COME ministry actively promote premarital counselling, as part of their social initiatives to strengthen family structures and reduce marital conflicts. These organizations conduct workshops, awareness programs, and one-on-one counselling sessions to educate couples on essential aspects of marriage, such as *emotional compatibility, financial planning, conflict resolution, and communication skills.*



COME collaborate with psychologists, legal experts, and marriage counsellors to provide guidance on managing expectations and responsibilities within marriage. They also address critical topics *like gender roles, reproductive health, and legal rights*, ensuring that couples are well-prepared for a stable and fulfilling married life.

In many communities, premarital counselling by COME helps to challenge harmful *societal norms, such as dowry practices and forced marriages.* These initiatives empower individuals, especially women, to make informed decisions about their future. COME also extend their support to religious and cultural institutions, integrating counselling into traditional wedding preparations.

By promoting emotional well-being and awareness, COME play a vital role in reducing divorce rates and fostering healthier relationships. Their premarital counselling programs contribute to the development of strong, understanding, and well-adjusted families, ultimately leading to a more stable society.